From: Amie Di Piazza
To: karen@richardswf.com;
Subject: News from Alpha Dressage Association
Date: Tuesday, August 04, 2009 8:50:06 PM

Alpha Dressage Association

Alpha Dressage Association Newsletter

August, 2009

Greetings!

Top 10 Exercises to Become a Better Equestrian

They say it takes seven falls to make a rider. But there's a lot more to it
than that. Check out this humorous list of 10 simple exercises that will help
you become a better equestrian.

10. Drop a heavy steel object on your foot. Don't pick it up right away. Shout,
"Get off, Stupid, GET OFF!"

9. Leap out of a moving vehicle and practice "relaxing into the fall." Roll
lithely into a ball and spring to your feet.

8. Learn to grab your checkbook out of your purse and write out a $200 check
without even looking down.

7. Jog long distances carrying a halter and a carrot. Go ahead and tell the
neighbors what you are doing - they might as well know now.

6. Affix a pair of reins to a moving freight train and practice pulling to a
halt. Smile as if you are having fun.

5. Hone your fibbing skills: "See hon, moving hay bales is FUN!" and "No,
really, I'm glad your lucky performance and multimillion dollar horse won the
blue ribbon. I am just thankful that my hard work and actual ability won me
second place."

3. Borrow the US Army's slogan: Be All That You Can Be -- bitten, thrown,
kicked, slimed, trampled, frozen...

2. Lie face down in a puddle of mud in your most expensive riding clothes and
repeat to yourself, "This is a learning experience, this is a learning
experience, this is ..."

1. THE NUMBER ONE EXERCISE TO BECOME A BETTER EQUESTRIAN:

Marry money.

The Prez Says...

Hi Everyone,

It's getting a little tough trying to stay cool. Summers in Fl. are something else.
We had a great meeting at Brock Clermont's farm Clermont Equestrian Center. What a pretty lace. He did everything just right. Many thanks to him for hosting our little group. The food was also great. We have in the works a schooling show there that will include jumping, for those people brave enough to do it and that would not be me.
No date yet, but we'll keep you posted.
We do have a date for the Awards Banquet. It will be on Sat. Oct. 24 at 6:30 at my house.Bring a dish to share. ADA will suppy the main course and the booze.

Aug. 7,8,9 is the Shelly Clinic at In-Stride.
Schooling Shows at Cheval : Aug. 30, Sept. 27 Nov. 8
Tampa Show at fairgrounds Aug.23

The next meeting will be at Whispering Ranches Feed Store, directions are elsewhere.

Betty

Dear Mr. President; Helping the Economy

HELPING THE ECONOMY
MEMO
TO: President Barack Obama
RE: Economic Recovery Stimulus Ideas

Mr. President, it has come to my attention that you're having some challenges with the economy. If I understand things correctly, we're in a recession, consumer confidence and spending is down, credit is tight, investors are spooked , we need renewable energy, and health care costs are through the roof. Trillions of dollars, not to mention our future, are at stake, Mr. President, I'm just a regular citizen, but I think I have a solution.
Give every American a horse.
My proposal may not make sense to you at first, but let me give you a little background. First of all, horses in the U.S. are a multi-billion dollar industry, and that's just at my house. I suggest you have your economic advisors do a little research on the spending around hor se ownership. You'd be surprised, Mr. President.
Start by visiting the tack and clothing retailers like State Line or Dover. Look at the variety of goods available there. Now take into account that every horse owner, especially if it's a woman, is buying not just one or two, but tons of these items. Believe me.

ADA Schooling Show

Show Date:
Sunday, August 30,2009

Judge: Robert Braren FL (L)
Closing Date:Tuesday, August 25, 2009

Location: Cheval Centre
9927 Fruitville Road
Manager & Secretary:
Martha Koehnlein
(941) 485-2337

Classes

1.USDF Introductory Level Test A
2.USDF Introductory Level Test B
3.USEF Training Level Test 1
4.USEF Training Level Test 2
5.USEF Training Level Test 3
6.USEF Training Level Test 4
7.USEF First Level Test 1
8.USEF First Level Test 2
9.USEF First Level Test 3
10.USEF First Level Test 4
11.USEF Second Level Test 1
12.USEF Second Level Test 2
13.USEF Second Level Test 3
14.USEF Second Level Test 4
15.USEF Third Level and up
(indicate test(s)you will be riding)
16.USDF Musical Freestyle
(indicate test(s)you will be riding)

Bob Baren presents...

Equiderma Products

Bob Braren - a horseman with over 40 years of experience - is pleased to announce that he is now a representative for Equiderma Products. Telesis Equiderma's mission is to provide superior horse care products made with only the finest and most effective ingredients...natural and organic being essential. (The products are amazing for dogs and cats, too!) The founder and CEO of this company, Bethany Padgett, is a former riding student of Bob's. Bob knows first hand the genuine love, care, concern, and commitment Bethany has to helping animals of all kinds. As a team, they promise you a high code of ethics, the Golden Rule, and fair trade concepts backed by a 100% satisfaction guarantee.

Please contact Bob:
by telephone at - (239) 642-5434
or by email at - braren007@comcast.net
for more information and to place your order.

Allow Bob the privilege of assisting you to develop a helpful plan to prevent, help, and cure some difficulties you may be experiencing, or should just have on hand as a responsible horse owner. Allow your horse to feel like a champion.

The following is a list of some of the products available through Bob from Equiderma:
* Equiderma Skin Lotion - A true WOW for summer itch and fungus - no one should be without this product -

So my thinking is that if you give every American a horse, starting when they reach the horse-receptive age of 10, you're going to do two things: boost consumer confidence and boost spending immediately.
Horses make us feel good, and once Americans all own horses (at the government's expense, of course), they will all logically fall into the pattern that every horse owner succumbs to: accessorizing For starters, we need horse-care implements like buckets and muck rakes, hoof picks and curry combs. And we need at least basic tack, halter, leadline, saddle, saddle pad, bridle and bit. But then the fun begins.
Zebra print leg wraps. Neon bright fly masks. An assortment of sheets and blankets for all seasons; you've got your cooler, your lightweight blanket, your medium blanket, your heavy blanket. Then there is your stable sheet and your pasture sheet. Also your hoodie, and tail wrap items.
And that's just the clothing for the horse. Don't get me started on the clothing for the rider, even if he or she doesn't show. Since most Americans don't have a basic riding wardrobe, the stores would be swamped for jeans, boots, breeches, T-shirts, dozens of pairs of cute boot socks, and the ubiquitous ball cap. Tell the retailers to get ready. It'll be Christmas all year long.
Now let's talk about support industries. In addition to the usual veterinarian and farrier expenditures, people also give their horses chiropractic, massage and acupuncture, not to mention buying more beauty products for their horses than they do for themselves. All those professions and industries will benefit. And of course there will be a big spike in hay and grain demand, so the farmers will be happy too.
You see, that's the secret to jump-starting consumer spending through my stimulus package. People will spend money on their horses when they won't spend money on anything else.
But, your advisors might say, there's a catch. Aren't we paying the price, in global warming, of the large number of livestock animals we currently have? They produce all that methane!
Ah, Mr. President, here is the real beauty of this idea. When you introduce the Methane-Assisted Natural Unrefined Renewable Energy plan (M.A.N.U.R.E.), you'll be a hero for coming up with an alternative, renewable, home-grown source of clean energy. Just challenge the energy gurus to come up with a methane gas collectio system that can harness all the natural resource produced by all those horses to power our cities. Talk about shovel ready projects: M.A.N.U.R.E. fits the bill!
And you keep stressing how we need new industries for investment; w ell, under the M.A.N.U.R.E. plan you can sell Petroleum Offset Opportunity units to investors. By buying these units, investors can help us gradually convert from a petroleum-based economy to one based on horse P.O.O.
Health care costs will go down, too, as everyone cares for their horses.
You can give tax credits based on the amount of time people spend working, riding and hanging out with their horses, which will automatically make them healthier. (Don't tell the docs, but most horse owners already get their own basic healthcare from their vet.)
One more thing: everyone is annoyed by these corporate CEOs and their big bonuses in a down economy So give the executives, say, one horse for every $100,000 of bonus money they've received. Those bonuses will be plowed back into the economy in no time.
Finally, because you, Mrs. O, and the girls are such role models, you can encourage us all by getting a pony for Sasha and Malia. It will teach them responsibility, help the First Lady plow the garden, and as a bonus: free fertilizer for the Rose Garden.
If you don't believe me that horse ownership stimulates spending, go ahead, Mr. President. Buy that pony for your girls. You'll see.

especially in Florida!
* Neem and Aloe Herbal Outdoor Spray - developed in the Evergaldes - safe for horse and rider
* Sheeth, Udder, and Genital Cleanser - made with neem leaf - nourishes and soothes skin
* Neem and Calendula Wound Ointment - helps prevent infection, aids in pain relief, keeps flies out of wounds - a must have for your tack trunk
* Zinc Paste for Pastern Dermatitis and Sunburn Prevention - contains zinc oxide for maximum sun protection and has both anti fungal and anti bacterial properties
* Neem Oil Shampoo - soap free - nourishes the skin - strengthens and conditions manes and tails - clarifying without stripping natural oils
* Neem Oil and Aloe Conditioner - restores body and shine, reduces damage and breakage
* Arnica, Calendula, and Comfrey Poultice - can be used warm or cold - aids in relief of heat, inflammation, and soreness - reduces swelling

Please let me know if you have any questions. I look forward to hearing from you, and being of assistance. I am also available by appointment to personally come and speak to you, or your organization, about these products.

Sincerely,

Robert C. (Bob) Braren

European and American Trained
Dressage Trainer
Hunt Seat Equitation
Numerous International and National Awards
USDF "L" Graduate with Distinction
USDF Bronze Medal
USDF Silver Medal
German Silver Medal
Horse Conditioning Programs
(Resume and References Upon Request)

Joan

Directions

Whispering Ranches Meeting

From I-75;

Get off at Exit 217a
(State Road 70 East)

Go to 1st Light and make a U-turn. Get in the right hand lane and make the first right (Lena Road). Norman's Liquor is on the corner. Follow Lena Road (its is a slightly winding road through an industral complex). Whispering Ranches is on the left in the last set of buildings on your left. It is in the building *BEHIND* the one you will see from the street.

4914 Lena Road Suite 101
(941) 755-FEED
(3333)

Congratulations to Karen and Ringo!

They received ReserveChampion at the Summer Sizzer 1 Dressage at Canterbury, with high scores of 67.105% at First Level Open Qualifying and 68.542% Qualifying Musical Freestyle. Way to go, Ringo!

ADA Says Goodbye...

...to our longtime friends and members Linda Wilson and Ian Wilson. The Wilsons are moving to NY State this month. Thanks Linda for all of your service as ADAs membership secretary, for all of your delicious brownies at meetings, and for concessions at our schooling shows! We will miss you guys! Be happy and healthy, and congratulations on your move!

Pierre Cousyn Clinic

Hello Everyone!

It's official. Our first clinic with Pierre Cousyn was such a hit that he is coming back for more!

- Come join us August 22-23, (Sat / Sun) for two fun-filled days of instruction in and discussion of the classical school of riding.
- Lessons are $150 for the first, $125 for the second. There are a total of 16 openings, of which 7 are already taken!
- Stalls are $25 for the day or $45 for the weekend, and you are welcome to ship in the day before, if you like.
- Auditors are very welcome for the small fee of $20.
- Please visit my web site for more info about Pierre and directions to the farm.

Please forward this to all your friends as you never know who will be interested...
Thank you in advance for all your help and interest.
Tina

Tina N Teegarden
The Equine Inn
PO Box 5429
Ocala, FL 34478
(352) 239-1423
www.TheEquineInn.com

Sincerely,

Alpha Dressage Association

Upcoming Events:

Tues. August 11th
ADA Meeting @ Whispering Ranches Feed
7 p.m.

Fri, Sat, Sun August 7th, 8th, 9th
Shelley Van Den Nest Clinic
InStride Equine Assisted Therapy, 1621 Ranch Road, Nokomis

Tues. September 8th
ADA Meeting @ Sarasota Mounted Police
Knights Trail
7 p.m.

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